

Welcome to Mas Montbrió Belvedere!



We wish you a wonderful stay!
Ronald and Lisette

All you need to know from A - Z

A

Airconditioning

Please turn off the air conditioning when leaving your room. Thank you.

Adopt an olive tree

Looking for the perfect gift or souvenir? Consider the adoption of one of our olive trees! You choose the name of your tree and we will make a wooden name plate and send you an adoption certificate.

Every year in November we harvest the olives. After pressing and bottling we will immediately send you 10 cans with 500ml each from our beautiful olive oil. On the back of the cans we put the name of your tree.

The price of the adoption is € 90.- plus shipping costs per year.

For more information please check our website: <https://www.montbriobelvedere.com/en/olive-oil/>

B

Banks

In Montbrió del Camp (2.0 km from the Mas) are several banks where you can withdraw money using your credit or debit card.

Bath ropes and pool towels

You can rent a bath rope at a rate of € 6.00 per stay.

Pool towels are provided at a rate of € 4.00. Please do not use the towels of your room at the pool area. You can dry your pool towels on the clothes horse rack in the patio.

Beaches

At the moment, masks are not obliged ON the beach. You do have to wear them on your way TO the beach. You are obliged to keep a 2m social distance.

Four out of Cambrils' nine beaches have been awarded a so called “blue flag” ensuring the high quality of the sand, water and facilities on the beach.

During summer all beaches are manned by a lifeguard and the beach police.

On each of Cambrils' beaches you will see a flag. The colour of the flag will let you know the water conditions at that time. There are three different flag colours:

Green flag: swimming allowed.

Yellow flag: swim with caution.

Red flag: swimming not allowed.

Cambrils Beaches from South till North

(L'Arcadia beach, being closest to Mont-roig del Camp and Cap de Sant Pere beach being closest to Salou):

L'Ardiaca Beach

This beach is located slightly outside of the centre of Cambrils. There is a breakwater along its length, ensuring that the water is safer for children. It is one of Cambrils' less crowded beaches. There are outdoor showers, toilets, sun loungers and parasols to rent, pedal boats and a chiringuito (a beach restaurant) selling food and drinks.

La Llosa Beach (Blue Flag)



This beach is located slightly outside of the centre of Cambrils. There is a breakwater along its length, ensuring that the water is safer for children. It is comparable in terms of facilities to L'Ardiaca Beach and it is about as crowded.

D' Horta Beach

D' Horta beach is one of Cambrils' smallest beaches. It is located close to the centre of Cambrils. This makes it a popular and sometimes crowded option. There are outdoor showers, toilets, sun loungers and parasols to rent and an excellent chiringuito.

La Riera Beach

This is one of Cambrils' most central beaches. It is small and generally busy. It does not have as many facilities as some of the other beaches, but it does have showers.

Prat d'En Forés / El Regueral Beach (Blue Flag)

This is one of Cambrils' most popular beaches. It is also one of its larger beaches: 967 metres in length. This beach is awarded not only a “blue flag” but also a 'blue flag wave point’ - meaning that it is good for surfing.

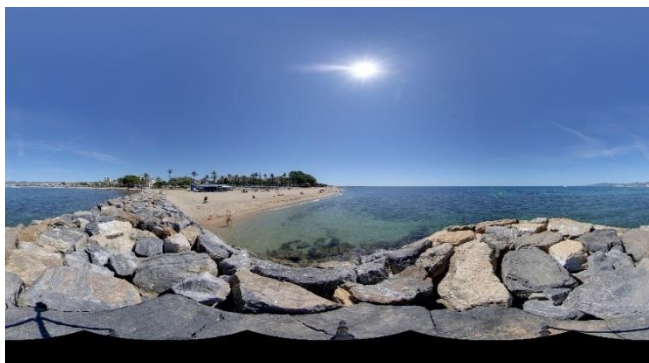
There are showers, toilets, sun loungers and parasols to rent, pedal boats and a small shack selling food and drinks.



El Cavet beach (Blue Flag)

This is a beach slightly further from Cambrils' town centre. It offers a sandy beach and calm water. It is one of the least crowded of Cambrils' beaches.

It offers showers, toilets, canopies and sun loungers to rent as well as a very nice lounge bar.



L'Esquirol beach

This is one of Cambrils' most picturesque beaches. It is reasonably long (895 metres) and quite crowded. It is located in a semi-urban area, away from the main port area. It provides disabled access. It has showers and a toilet, pedalos, sun loungers and parasols to rent as well as a lounge bar.

Vilafortuny beach (Blue Flag)

This is one of the Cambrils' longest beaches (1,415 metres). It is generally very crowded in summer months. It has been awarded with a “blue flag” and a “blue flag wave point” due to the generally strong waves. It offers showers, toilets, sun loungers, canopies and pedalos to rent.



Cap de Sant Pere beach

Cap de Sant Pere Beach offers a picturesque stretch of fine sand and calm water. It is located at one of the furthest points from the port area of Cambrils. However, it is close to Cambrils largest camping grounds, ensuring that it is very busy in the summer months. It offers showers, toilets, a foot wash, pedalos, canopies and sun loungers to rent.

Nudist Beach at Platja del Torn (Blue Flag)

In L'Hospitalet de l'Infant you will find Platja del Torn. An idyllic nudist beach outside the inhabited center of L'Hospitalet, discretely hidden from view, stretching about 1700 m. It is embedded between two rocky mountains as they plunge into the sea. Accessible from exit 38 at the A-7.

Biking and bike rental

Cambrils is a very popular biking spot.

Upon your request we provide you with a PDF file with 45 cycling routes starting from the Mas.

Racing bikes and mountain bikes can be rented at **Montbike** in Montbrió del Camp. They speak English.

Address: Carrer de Magdalena Blay, 43340 Montbrió del Camp.

Open: Monday through Friday from 9h00 – 13h00 and from 16h00 – 20h00. Saturday from 9h00-14h00

Telephone: 0034 977 82 69 68

Electric Bikes and City Bikes:

Rodabike

C/ Pau Casals,59

43850 Cambrils

Tel.: 0034 977 794 653

Opening hours:

Monday to Friday: 10h00 -14h00 and 17h00-20h00, Saturdays: 10h00 -14h00, Sundays: closed

Bowling

The nearest bowling facilities are in shopping centre Port Halley in Vila Seca.

Bowling Diverland

Avinguda Alcalde Pere Molas

Vila-seca

Tel: 0034 977 325 555

Opening hours

Monday to Thursday: 17h00 – 24h00

Friday: 17h00 – 02h30

Saturday: 12h00 – 02h30

Sunday: 12h00 – 24h00

Ozone Bowling Reus

Centre Comercial La Fira

Avinguda Sant Jordi, 6

43201, Reus

Tel: 0034 977 590 327

Opening hours

Monday to Thursday: 16h00 – 24h00

Friday: 17h00 – 02h00

Saturday: 12h00 – 02h00

Sunday: 11h00 – 24h00

Breakfast

Breakfast is served from 08h30 till 10h00.

C-D

Car Park

Behind the Mas you will find ample parking space. Please park your car there. We also have parking space for motorcycles, please ask us!

Changing of towels

Please leave the towels that you want us to change on the floor. Towels that are not on the floor will be considered reusable and will not be changed.

Check Out

We request that you leave your room by 11h00 on the day of departure.

COVID-19 MEASURES

In order to safeguard your health and create a safe and Covid-19 free environment we implemented the Covid-19 guidelines and recommendations issued by the Spanish government and the WHO.

HYGIENE IN MAS MONTBRIÓ BELVEDERE

Those of you who have visited us before, know that we pay a lot of attention to our hygiene protocols. We revised our protocols and had very few amendments to make.

We already clean each and every corner of the Masia on a daily basis, including terraces, hammocks, furniture, common areas, rooms, corridors, reception, breakfast room and kitchen.

Next to that, we already

- clean the filters of our air conditioning machines on a regular basis.
- keep the temperature in the common areas at around 23°C.
- wash all towels and linen at 60°C.
- provide upon your arrival extensive information about the house and its environment, including emergency numbers and addresses of nearest hospitals.
- have pedal bins in the rooms and the toilets on the ground floor.
- give you the opportunity to pay contactless by phone or credit card charge.
- have more than enough space at the poolside and in the garden in order to respect social distancing and privacy.
- ventilate the rooms and common areas every day.

WHAT DID WE ADD?

- We will check you in wearing a mask.
- We respect social distancing of 1.5m
- We changed from a full breakfast buffet to serving various breakfast items at your table.
- We decided to temporarily close the library and trust that you will understand this decision.
- We removed the decorating pillows and rugs from the rooms.
- We created various sanitizing stations throughout the Masia, providing hydroalcoholic gel to disinfect your hands.
- We temporarily removed the board games.
- We assign you a personal table for dinner and breakfast during your stay.
- The same for the hammocks at the pool,.

AND WHAT ABOUT OUR STAFF?

- We instructed our staff and trained them in preventive COVID-19 measures for hotels.
- We provided them with all the necessary protective equipment for their personal use, such as masks and gloves.

We have taken all these precautions with the well-being and health of you and our staff in mind. They will be subject to change, at all times complying with Covid-19 measurements required by the Spanish government.

Drinking water

The Mas obtains its drinking water from a private well on its own property. In the basement there are large water treatment facilities that make the water from the well fully suitable for consumption.

Drinks

In the kitchen, you will find a big American refrigerator filled with various drinks. We ask you kindly to write down on the list attached to the fridge what drinks and how many you have used.

You will find glasses in the kitchen drawers. Please be so kind to bring them back to the kitchen. Thank you.

Please sanitize your hands when you enter the kitchen.

E-F-G

Emergency Numbers

In case of emergency (Fire/Police/Ambulance) call **112**
and call us on:
0034 633 615 215 or **0034 68 555 6754**.

You are on the premises of
Mas Montbrió Belvedere in Cambrils
GPS: N41 06.099, E 1 00.224
Google maps: mas montbrio belvedere

General Practitioner

Miss Ilse Maes
Calle Frederic Monpou 12
Cambrils

Without appointment on
Monday, Wednesday, Friday from 19h00-19h45
Tuesday and Thursday: from 15h00-16.h0.
Tel: 0034 977 792 335.
Emergencies: 0034 619 908 976

or

Dr.Tomás Gomez Sanz
C/ Carmen 1-A-2º
43850 Cambrils
Tel 0034 677 586 452
Dr Gomez visits the Mas on your request.

Golf

Located within a range of 25 km of the Mas you have the choice of a grand total of six golf courses and 1 pitch and putt course:

1. Club de Golf Bonmont Terres Noves

This club is in Mont-roig del Camp, 18 km from the Mas. It is an 18-holes course with a par 72 and designed by Robert Trent Jones Junior. It is characteristically hilly and it offers views of the low mountains, the sea and plant life in the region.

Club de Golf de Bonmont Terres Noves
Urbanisación Bonmont Terres Noves,
43300 Mont-roig del Camp (Tarragona)
Tel: 0034 977 818 140
<http://www.bonmont.es>

We can offer you significant green fee discounts for Golf Bonmont. Please ask Lisette.

2. Club de Golf de Reus Aiguesverds

This club is located just outside the city of Reus, 10 km from the Mas. It is part of an estate where the roads are lined with olive and almond trees. It is an 18-holes course with a par72. The whole of the golf course is reasonably flat.

Club de Golf Reus Aiguesverds
Ctra Cambrils, km 1.8 (Mas Guardia)
43206 Reus
Tel: 0034 977 752 725
<http://www.golfreusaiguesverds.com/>

3. Club de Golf Costa Dorada Tarragona

This club is just North of Tarragona at 25 km from the Mas. It is 55 hectares and is integrated into a valley and its paths are lined with pine trees, olive trees, willows and even palm trees. There is a swimming pool, crèche service, restaurant and play area on site. The club house is set on a hill and offers traditional Catalan architecture.

Club de Golf Costa Dorada Tarragona
Ctra. De El Catllar, Km 2.7
43764 El Catllar
Tel: 0034 977 653 361
<http://www.golfcostadoradatarragona.com/>

Port Aventura Golf

There are three golf courses located within the grounds of the Port Aventura theme park: the North Course, Centre Course and South Course.

4. The North Course (Lumine lakes)

This course was designed by Greg Norman. It is an 18-holes course that is a challenge. It is located within the wetlands of the region. The North Course club house is a modern building offering a restaurant, a sauna, a driving range, a golf school, a snack bar and dressing rooms.

5. The Centre Course (Lumine Ruins)

This is a smaller course, 9-holes and par 34, also designed by Greg Norman. is situated on the highest point of the resort, between the North and South course.

6. The South Course (Lumine Hills)

This 18-holes, par72 golf course offers views of the sea beyond a skyline of white pine trees. Of the three courses this is the one that is used by professional competitors. It is the longest of the

three courses. The facilities on offer include a restaurant, a sauna, a driving range, a golf school, a snack bar and dressing rooms.



Tickets are available on line or via telephone:

Port Aventura Golf

Camí del Racó, 43480 Vila-seca

Tel: 0034 977 129 070

<http://www.lumine.com/en/golf>

7. **On the premises of Hotel Mas Gallau in Cambrils (next to the A-7 direction Tarragona) you will find a pitch and putt course.**

Address: Avinguda de Vilafortuny, 134. 43850 Cambrils

Tel: 00 34 977 378293

<http://www.pitchandputtcambrils.com>

Groceries

In Montbrió del Camp are several bakeries and small shops and supermarkets. They open between 8.00 and 9.30, and close at 13h30. In the afternoon, they open between 17.00 and 20.00. Sunday morning most shops open from 9h30 till 13h30. In Cambrils you will find big supermarkets such as Esclat, Lidl, Aldi and Dia.

In the large fridge in the kitchen, you will find a small transparent box with your room number, to store food or medication.

H-I-J-K

Horseback riding

Quadres Julivert

Carretera de Reus a Vinyols, km 4

43330 Riudoms

Tel: 0034 675 439 403 / 0034 600 500 664

Hípica Escornalbou

Vilanova d'Escornalbou, T-310 direcció Mont-roig del Camp

Tel: 0034 620 215 772

Club Hípico Tomas Santiago

Cami de las Desvesas, 6

Cambrils

Tel.:0034 659 29 50 36

Hospital

CAP (Centre d' Asistencia Primaria) Cambrils

Plaça del Ajuntament, 4

Hospital Universitari Sant Joan de Reus

Av. del Dr. Josep Laporte, 2

Reus

Keys

You have received three keys that allow you

- Access to the premises:
- Access to the house's main entrance;
- Access to your room

Please guard the keys carefully as we do not have a fully operational reception. Loss of a key (25 €) will be charged to your account.

Kitchen

Feel free to use the kitchen. **Please sanitize your hands, when entering the kitchen and please clean it after use. Thank you!**

L-M-N-P-Q

Laundry room

Our laundry room is located on the upper floor next to the fitness room. Besides a washing machine and a tumble dryer, it is also equipped with an ironing board and iron. **If you want to use the laundry facilities, please advise Lisette.**

The use of the laundry and drying machine costs 7 €.

Liability

Please note that the use of all facilities in the Mas is at your own risk. We can accept no liability for any loss or damages.

Pharmacies

The nearest pharmacy is located in Montbrió del Camp.

Farmàcia Mestres Vidiella

Calle San Jordi 13

Tel: 0034 977 826 060

Opening hours:

Monday - Friday: 09h00-13h30 and 17h00-20h30

Saturday: 9h00-13h30

Pharmacy Barcelona in Cambrils is open 365 days a year.

Avinguda Independència, 1

Tel: 0034 977 360 466

Opening hours:

Monday – Saturday: 08h30-21h00

Sundays and Bank holidays: 09h00-13h00.

Police (Mossos d'escuadra)

Avinguda Adelaida, 46, 43850 Cambrils, Tarragona

Tel: 0034 977 92 91 70 or **112**

Quiet times

We request you to respect our quiet times that are between 23h00 and 07h30.

R

Restaurants

Cambrils is known for its (sea food) cuisine and known as the gourmet capital of the Costa Dorada. In the back of this folder, you find a leaflet with all Cambrils' restaurants.

In nearby (1,5 km) Montbrió del Camp you will also find some nice restaurants:

Braseria Raconet (Mediterranean food)

Carrer de Fructuos Canonge

Tel: 0034 977 833 300

Every day open for lunch from 13h00-15h30.

Friday and Saturday open for dinner from 20h00-22h30.

Closed on Mondays

Asador El llagar, grill restaurant

Carretera Cambrils, km 6,2

Tel: 0034 977 83 33 26

Every day open for lunch from 13h00-15h45.

Friday, Saturday and Sunday open for dinner from 20h30-22h45.

As from 22nd of June:

Every day open for lunch from 13h00-15h45 and dinner from 20h30-22h45

In Vilanova d'Escornalbou, a 10 minute-drive, you will find El Reiet del Camp (typical Catalan food)

Carrer de la Font, 9, 43311 Vilanova d'Escornalbou, Tarragona

Open every day, except Monday, from 08h45-23h45

Tel: 0034 977838230

In the summer you can eat in the garden.

If you want to enjoy the excellent food made by Michelin star chefs, you would go to:

El Rincon de Diego, 1 Michelin star

Carrer Drassanes 7

Tel: 0034 977361307

<http://www.rincondediego.com>

Can Bosch, 1 Michelin star

Rambla Jaume 1 number 19

Tel: 0034 977 360 019

<http://www.canbosch.com>

Would you rather eat on the beach, try one of the famous "chiringuitos". These are small eateries on the beach where the food, mostly fish, is often excellent. Although informal, the prices are similar to those of the restaurants.

We are happy to make any reservation for you.

S

Septic Tank

The Mas is not connected to the public server. We purify waste water through our own biological waste water treatment plant. We pump the purified water into the olive orchard.
Other sanitary waste we collect in a septic tank. To prevent clogging, please do not throw tampons, panty liners, sanitary towels, condoms, cleansing wipes or other trash in the toilet. Thank you.

Sea Angling

In Cambrils sea angling is allowed on all the beaches in the town as from June through to September at restricted hours in the night time, from 21:00 to 03:00, as long as you have the necessary permits.

The possibility of fishing goes along with the obligation to do so in a responsible manner, taking special care of the conservation of resources and the coastal ecosystem so that future generations can continue to enjoy it.

The license can be bought online: 9.90€ for 15 days:

https://web.gencat.cat/es/tramits/tramits-temes/3587_Llicencia-de-pesca-recreativa-de-superficie

Shop opening hours

Opening hours depend on the owner, but generally shops open at 9h30 and close for siesta at 13h30. They open again at 17h00 until 21h00.

Sightseeing in Cambrils

Parc Sama, at 2 km from the Mas

Ctra. T- 314 Vinyols i els Arcs

Close to the Mas, lies the majestic Parc Sama, created by Jose Fontseré i Mestres in the romantic style of the 19th century. It has a lake, grottoes, fountains, etc.

Opening hours

April, Mai, June: 10-19h00

July, August: 10-22h00

September: 10-19h30

October and March: 10-19h00

November and February: 10-17h30

December and January on weekends: 10-17h30

<http://www.parquesama.com>



Museu Moli de les Tres Eres

Via Augusta, 1

This museum is the site of a functioning hydraulic flour mill. It has been restored and is available to be viewed. The museum is also the site of archaeological remains from the 13th century.

Opening hours

1 July - 31 August:

Tuesday - Saturday 11h00 - 14h00 and 18h00 - 21h00

Sundays and bank holidays: 11h00 - 14h00

Mill machinery demonstration times:

Wednesdays, Fridays, Sundays and Bank holidays at 12h00 and 13h00

Saturdays at 12h00, 13h00, 18h00 and 19h00

1 September - 30 June:

Saturday 11h00 - 14h00 and 17h00 - 20h00

Sundays and Bank Holidays: 12h00 - 13h00

Mill machinery demonstration times:

Saturdays at 12h00, 13h00, 18h00 and 19h00

Sundays and Bank Holidays at 12h00 and 13h00



Closed on January 1st, 6th, May 1st, December 25th and 26th.

Ermita La Mare de Deu del Camí

Torre de l'Ermita

Calle Verge del Camí on the corner of Avinguda del Baix Camp.

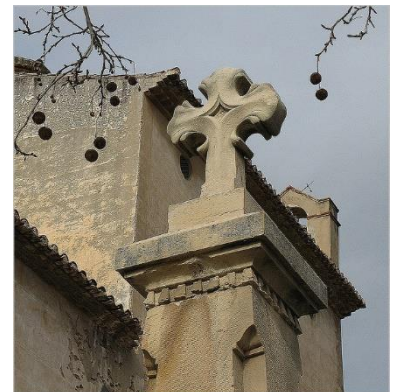
The 'Torre de l'Ermita' (Hermitage Tower) is a mediaeval watchtower located next the Sanctuary of 'La Mare de Déu del Camí'.

Opening hours

1 July - 31 August:

Saturdays: 11h00-14h00 and 18h00 - 21h00

Sundays and bank holidays: 11h00 - 14h00



Old Town



About 1 km inland from the port area of Cambrils you will find Cambrils' old town. The area is steeped in history and is rich with things to see and do. On Wednesdays the weekly market is held here.

Sightseeing near Cambrils

In the little village of Montbrió del Camp, around 2km from our B&B you will find a small wine museum, owned by Roger, who inherited the museum from his father.

Museu del Vi “Els Cups” (wine museum) at 2 km from the Mas

Avinguda Sant Jordi 11

Montbrió del Camp

www.museudelvi.com

Opening hours:

Saturday: 10h00-14h00.

About 5 km west of the village of Montbrió del Camp you will find the reservoir of Riudecanyes, with great trails, small beaches, and possibilities to rent canoes and pedal boats:

Riudecanyes Aventura

Tel.0034 650972649

<http://riudecanyesaventura.cat/>

Opening hours: 11h00-19h00



From the reservoir, it is a 10 minutes-drive to the castle of Escornalbou:

Castillo Monasterio de Sant Miquel de Escornalbou (around 15km from our B&B)

Adress:

Ctra. d'Escornalbou

43771 Riudecanyes

You can visit the interior of the castle with a guided tour only. The tour lasts around 1,5hours.

Tour times:

From 1st of October until 1st of June: 10h30, 11h30,12h30, 13h30, 15h30 and 16h30

From 1st of June until 1st of October: 10h30, 11h30,12h30, 13h30, 16h30,17h30 and 18h30



Closed on 25th and 26th of December and 1st and 6th of January.

Mont-roig del Camp (10 km from our Mas)

In this village, just 10 km south of our B&B on the N-310, you will find the beautiful monastery Mare de Deu de la Roca. Mont-roig del Camp is the birth place of the artist Miró

Finca Mas Miró (12 km from our Mas)

Finca Mas Miró, s/n, 43300 Mont-roig del Camp

GPS coordinates: 41.060628, 0.993909

<http://www.masmiro.com/en>

The house where Joan Miró, passed nearly all the summers in his life. This is where he decided to be a painter, the place which he made unforgettable in many of his paintings. The location he chose to build his first studio.



Opening hours:

From 2nd of May to 1st of July:

Thursday to Saturday: 10h00-14h00 16h00-19h00.

Sundays and Bank Holidays :10h00-14h00.

From 2nd of July to 16th of September:

Thursdays to Saturdays: 10h00-14h00 and 17h00-20h00.

Sundays and Bank Holidays: 10h00-14h00.

From 17th of September to 4th of November:

Thursday to Saturday: 10h00-14h00 and 15h00-18h00.

Sundays and Bank Holidays: 10h00-14h00.

From 4th of November open during weekends:

Saturday :10h00-14h00 and 15h00-18h00.

Sundays and Bank Holidays: 10h00-14h00.

Closed: Mondays, 24th, 25th and 26nd of December, and 1st, 5th and 6nd of January.

Monastery Ermita Mare de Déu de la Roca

Caretera de Colldejou

43300 Mont-roig del Camp

Opening hours

Monday- Friday: 9h00-13h00 and 15h00-17h00.

At 294 meters altitude, close to the village of Mont-Roig, you will find the monastery la Mare de Deu de la Roca, dating from the year 1230. There are spectacular views of the area and the little church is well worth a visit.

On site, you will also find a small restaurant. The restaurant is closed on Tuesdays.



Reus, at 14 km from the Mas

Reus is a picturesque town that was once famous for the production of Vermouth.

Today it is a bustling town that spans 59 km² and has 100,537 inhabitants. The city is famed for its importance to the modernist movement and is full of modernistic buildings in the style of Gaudí and Lluís Domènech i Montaner.

Reus is also home to the Gaudí centre, where you can learn the history and reasoning behind his distinctive architectural style. The town centre has an impressive variety of shops and restaurants.

Gaudí Centre Reus

Plaça del Mercadal 3

43201 Reus, Spain

www.reusturisme.cat

Opening hours:

15 June - 15 September:

Monday - Saturday 10h00 - 20h00

Sunday and Bank holidays 10h00 - 14h00

16 September - 14 June:

Monday - Saturday 10h00 – 14h00 and 16h00-19h00

Sunday and Bank holidays 10h00 - 14h00

Closed on 25, 26th of December and 1st and 6th of January



Tarragona, at 30 km from the Mas

Tarragona has some stunning Roman architecture. It has been recognised by UNESCO and is definitely worth a visit.



www.tarragonaturisme.cat

A really nice way to visit Tarragona is by “trennet turistic” or the tourist train. The train stops at all places of interest in the centre. It is a hop on hop off train. You can always get off and then again on at next passing train. These little trains run between March and October from 10:30 to 19:00. Price: 7 € for adults and 4 € for children under 13. You can also buy a combination ticket or the train and a 2-hour guided walk through the historic part of the city. Price 15 € for adults and 10 € for kids under 13.

Montblanc, at 50 km from the Mas

Montblanc is a small medieval town close to Tarragona and less than 50 minutes from our B&B. It was founded in the twelfth century by King Alfonso I. It has a well-preserved medieval wall that dates back to the fourteenth century. It offers a variety of military and civil buildings. <http://www.montblancmedieval.cat>



Priorat and El Penedes (both at 50 minutes-drive from the Mas)

Priorat is the region of Catalonia that is famed for its wine. It is a great place to head for a spot of wine tasting. Reservation of your bodega tour and wine tasting is often required. Please note that most vineyards are closed in the weekend.

El Penedes is the region where they produce the famous Spanish Cava. You can visit various cellars, of which some are very impressive such as the cellar of Freixenet in Sant Sadurni d'Anoia. Reservation in advance is very recommended!



Espluga del Francolí (50 km from our Mas)

In this small town, you will find a beautiful agricultural museum, huge caves, and you can learn how brandy is made in the restored distillery Fassino Balanyà. Monday is in Espluga everything closed.

Please note that museums close between 14h00 and 17h00. <http://www.esplugadefrancoli.cat>

On 2.5 km from L'espluga del Francolí, you will find **the monastery of Poblet**, the largest inhabited Cistercian Monastery in Europe. In 1991, it was declared World Heritage site by UNESCO. A must do!



Siurana, 50 minutes-drive from the Mas

Siurana is a small fortress with ruins of an ancient castle, spectacularly situated on a high rock. You reach the tiny village via a winding road through the mountains. Once up there you can enjoy breath-taking views of the surrounding hills, the reservoir of Siurana and the Montsant mountain range. It is a popular place for climbers and hikers.



Smoking

Smoking is prohibited by law in all publicly accessible areas, as in all the interior of our Mas. Please note that all areas in the Mas are fitted with smoke detectors.

Sustainability

When we bought the house, our primary goal was to transform the deteriorated farmhouse into a sustainable and comfortable accommodation with minimal environmental impact. For this reason, we invest a lot of time and effort in the design and construction of several sustainable energy installations and the implementation of various "eco-practices".

We installed:

- a geothermal installation to cool and heat the house. This is a geothermal heat pump that uses the earth as a storage medium to accumulate unwanted heat in summer and extract heat in winter. Geothermal energy is known as one of the most energy effective heating / cooling systems available;
- a wastewater treatment plant, which change waste water into water to irrigate the olive trees;
- 19.8 KW of photovoltaic panels, reducing our CO2 footprint with 20 tons of CO2 per year. These 19.8 KW provide for 50% of all our electricity consumption;
- 40m2 of solar panels to heat the pool;
- LED lighting: 75% of the bulbs are LED;
- we planted more than 100 trees to compensate for our CO2 emissions
- all rooms have an A + led television,
- the windows are energy efficient windows and offer better insulation and more efficiency. They have double glazing, which high insulation;
- our washers, dryers and dishwashers are of class A ++ or higher;
- all toilets have a double flush
- all wash basins in the rooms have a special faucet that reduces the water consumption with 85%.

We also adapted several "Eco-practices":

- we collect the rain water and the condensation of the air conditioning in our water reservoir;
- we separate our waste; In your room you find a basket for paper to help us recycling;
- we only change the towels you leave for us on the floor of your bathroom;
- we give all food leftovers to our chicken;
- we preferably use nearby suppliers and local products. For example: honey from our neighbour, eggs from our chicken, vegetables and fruits from the Cambrils cooperative and fruit from our own garden;
- we do not have minibars in the rooms. Instead you share a refrigerator in the communal kitchen;

In November 2014, TripAdvisor rewarded us, after an exhaustive audit carried out by Canadian and North American technicians, with the "Eco leader" distinction. A great acknowledge as sustainable accommodation. In the province of Tarragona only 5 hotels (!) are rewarded.

In November 2016, Endesa granted us the A +++ energy efficiency classification. And in 2018 we received official recognition of being the best project in sustainability and hotel rehabilitation in all of Spain!



We are proud to offer you a sustainable accommodation!

Swimming Pool

The swimming pool in the garden is freely accessible from 10-22h.00. There is no supervision, **so please watch your children!**

The water of the pool contains salt and chlorine. **The staircase in the house is not resistant to chlorine and salted water and is slippery when wet. Please refrain from climbing the stairs with wet feet / footwear. Thank you.**

T

Taxis

In Montbrió del Camp, Tel: 0034 639 356 002

When you need a taxi on the day of departure, we recommend that you book your taxi one day in advance. Airport taxis are available 24 hours a day. Tel: 0034 977 345 050.

We are happy to make the reservation for you.

Theme Parks

Please check the websites of the adventure parks for their latest covid-19 information

Port Aventura - Ferrariland

Avinguda Alcalde Pere Molas, S/N

43840 Salou

<http://www.portaventura.co.uk/>



Port Aventura – Ferrari land is the largest theme park in Spain and is comparable to Disneyland Paris. It is less than twenty minute-drive from the Mas.

Aquopolis Costa Dourada

Avinguda Pau Casals, 65, 43481 Vila-seca

<http://www.costa-dorada.aquopolis.es>

With its size of 11 hectares Aquopolis Water Park is the largest water park in Catalonia. It has places where you can relax and sunbathe. It also offers a range of water slides to suit both the thrill seekers and the little ones.



And moresuch as Bosc Aventura in Salou, Jumpland in Cambrils, Costa Caribe Aquatic Parc next to Port Aventura...

Trains

Cambrils' train station offers connections to all major cities in Catalonia and beyond.

You will find the train departures to Barcelona at the end of this folder.

The train station is located at Avinguda de Charles Robert Darwin, next to Cambrils' soccer fields.

W

Waste

We separate waste. Please help us to do so. In your room, you will find a paper bin.

In the big kitchen, you will find the following waste bins: paper, organic waste, plastic and cans (envases), glass and "other" (deixalles).

Water

Water is very scarce in this region. Please do not waste it.

Weekly market

Every Wednesday from 08h30 - 14h00 on the Passeig de Albert and Avinguda del Mil·lenari in Cambrils a general market takes place. The biggest weekly general market is held on Sunday in Bonavista (Tarragona just before the N340) from 8.00-13.30. This is the largest market of the Costa Dorada.

Wellness

Centre Termal Aquatonic

Carrer Nou, 38 bis

43340 Montbrió del Camp

Tel: 977 814 000

www.aquatonic.es



Wellness massage

Give yourself treat and enjoy a massage in your room, book 1 hour of well-being. The price for a one hour+ massage is 40€. Please ask Lisette for the reservation.

Footcare and Reflexology

Our collaborator Wilma is an excellent footcare specialist. She provides relaxing podology and foot reflexology services in your room. The price per treatment of around 2 hours is 65 €. She

speaks English.

You can call her on +34 607 431 550 or ask Lisette to make the reservation.

Wi-Fi

We have free Wi-Fi installation at your disposal. The name of the network is “for clients”. The password is costa_dorada.