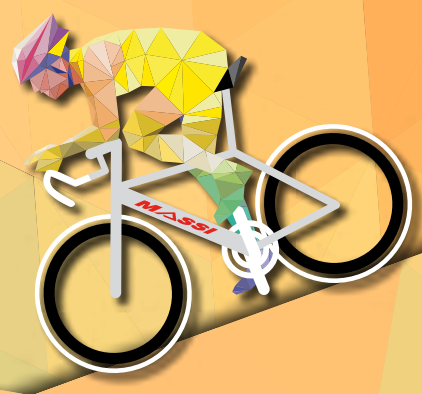


Mediterrania
Cycling Tours



CYCLING ROUTES FROM
MONTBRIÓ DEL CAMP





Mediterrania Cycling Tours invites you to discover one of the most outstanding regions in the world for cycling tourism.

From **Montbriobelvedere in Montbrí del Camp**, you will find more than 2000 km of quiet roads with excellent quality surfaces, areas of natural interest and a rural environment along the Costa Daurada and Terres de l'Ebre.

We provide you with the 20 routes from Montbrí del Camp that are most representative of southern Catalonia.



ROUTES FROM MONTBRIOBELVEDERE, MONTBRIÓ DEL CAMP

34 km. Escornalbou Castle

46 km. Serra de l'Argentera

54 km. Pratedip

62 km. Falset

67 km. Escornalbou Castle, Serra de l'Argentera, and Pratedip

67 km. Llaberia

80 km. Siurana

84 km. Escaladei

89 km. Llaberia and Coldejou Buttes and Serra de l'Argentera

93 km. Priorat

94 km. La Mussara, and Alforja, La Teixeta and Roig Passes

99 km. Prades Mountains

115 km. La Figuera

122 km. Priorat and La Mussara

132km. Camp de Tarragona, Prades Mountains, El Montsant and El Priorat

138 km. Poblet

141 km. Ribera d'Ebre and El Priorat

148 km. Prades Mountains and El Montsant

179 km. Horta de Sant Joan

192 km. Tortosa

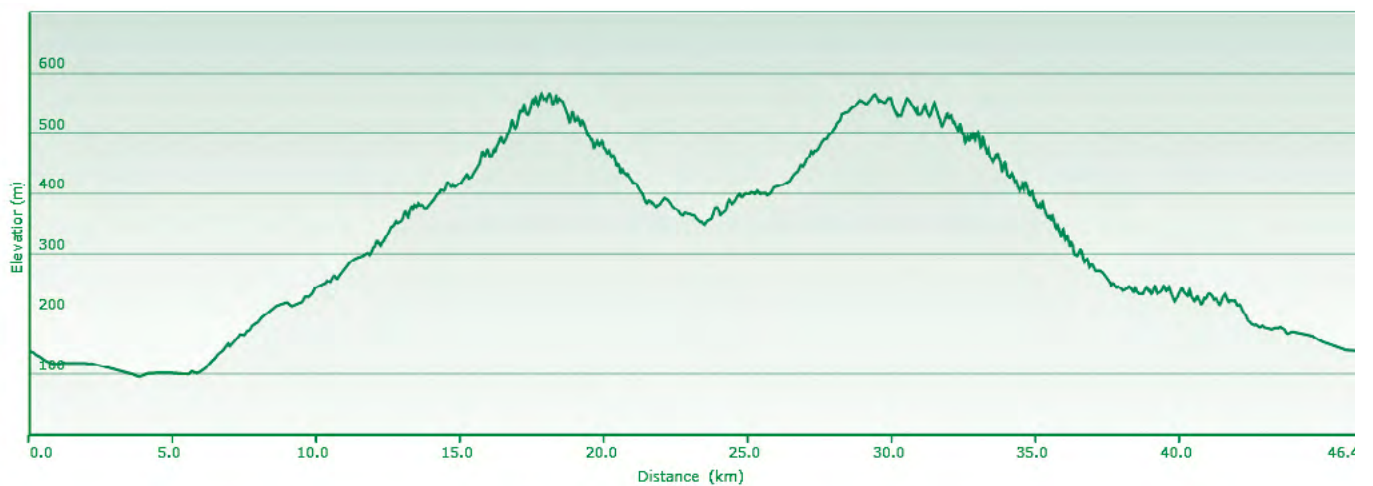
34 KM. ESCORNALBOU CASTLE



34 km. Escornalbou Castle

The ideal route for your first contact with the surroundings of the Costa Daurada. Includes the ascent up the mountain of Escornalbou, which provides a privileged view over the Camp de Tarragona region.

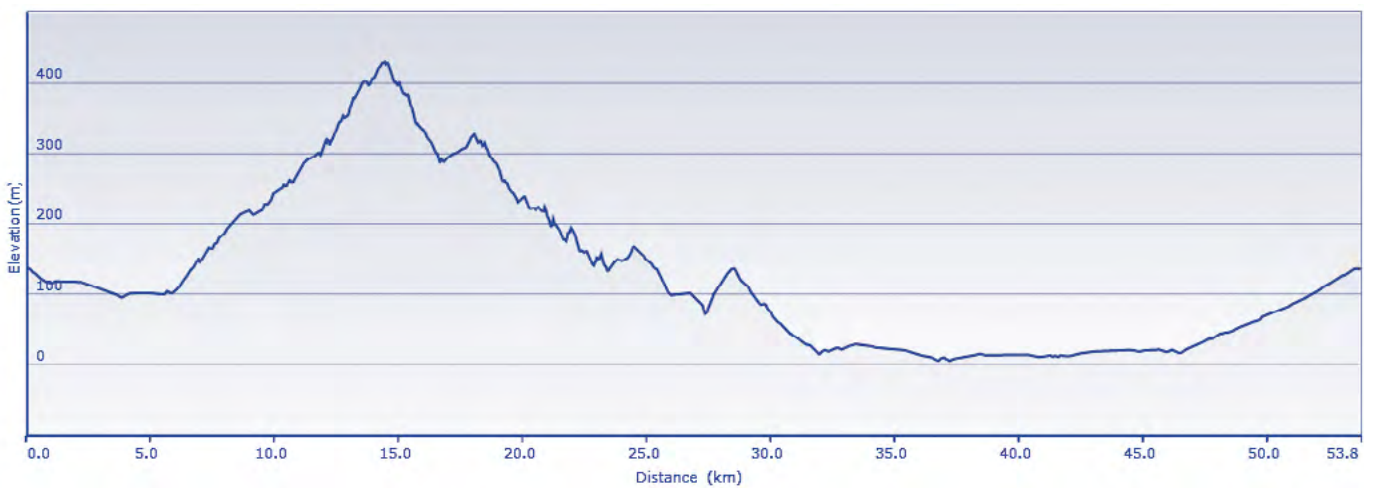
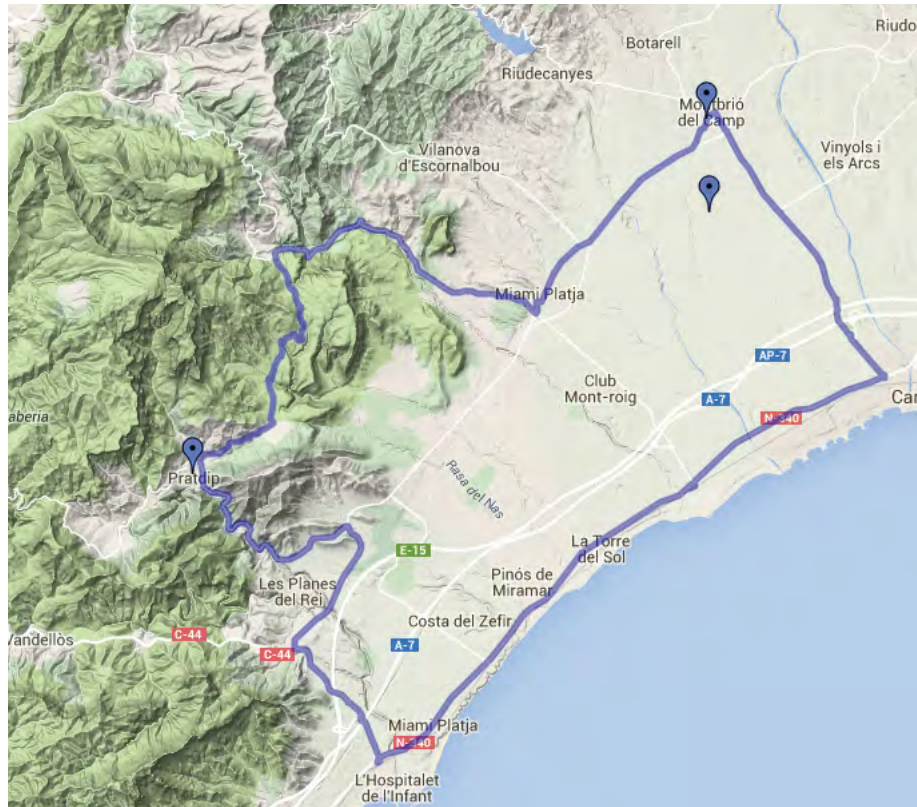
46 KM. SERRA DE L'ARGENTERA



46 km. Serra de l'Argentera

A varied and picturesque itinerary that climbs two mountain passes, Roig and Teixeta, and includes rapid, winding descents over good quality blacktop, where you will enjoy a fast and safe ride.

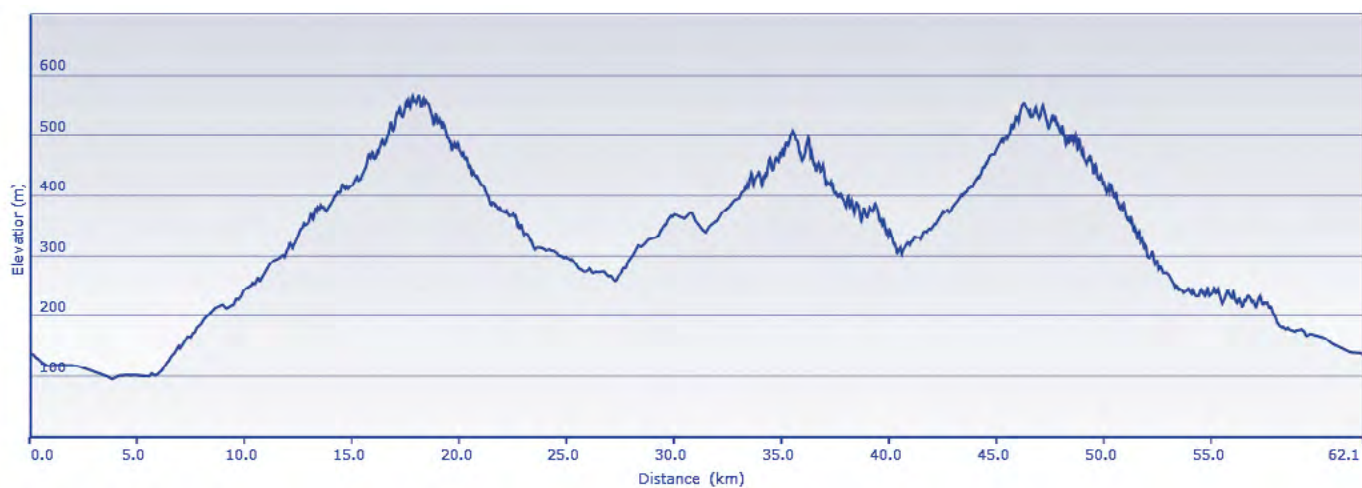
54 KM. PRATDIP



54 km. Pratdip

A route with an easy beginning and end, and a middle that's not too hard either.

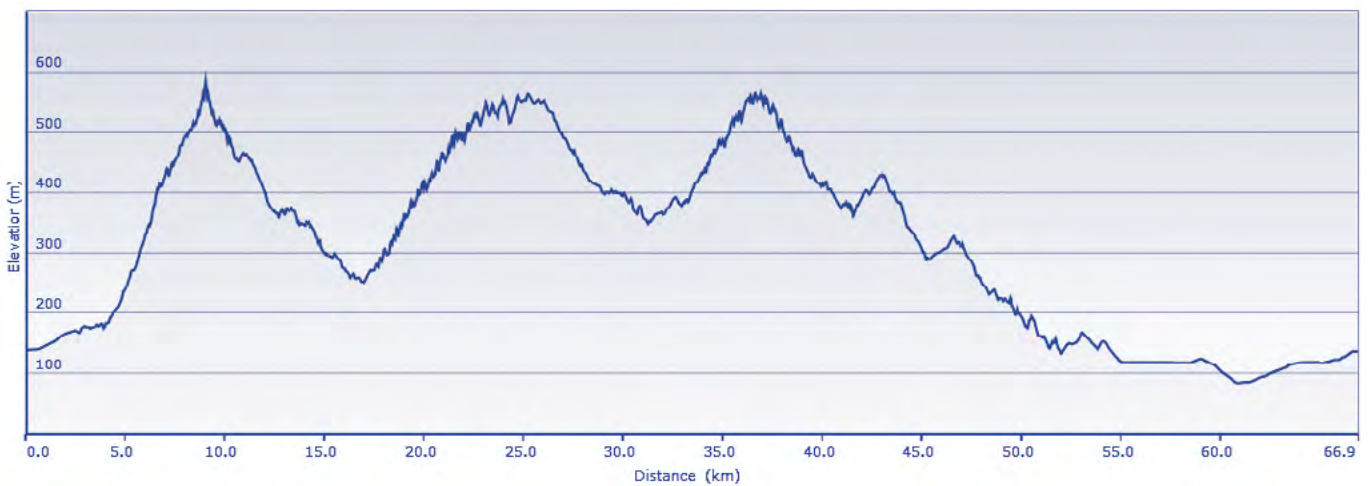
62 KM. FALSET



62 km. Falset

Variant of the Serra de l'Argentera Tour, though slightly longer and with a view of Falset, the capital of El Priorat county.

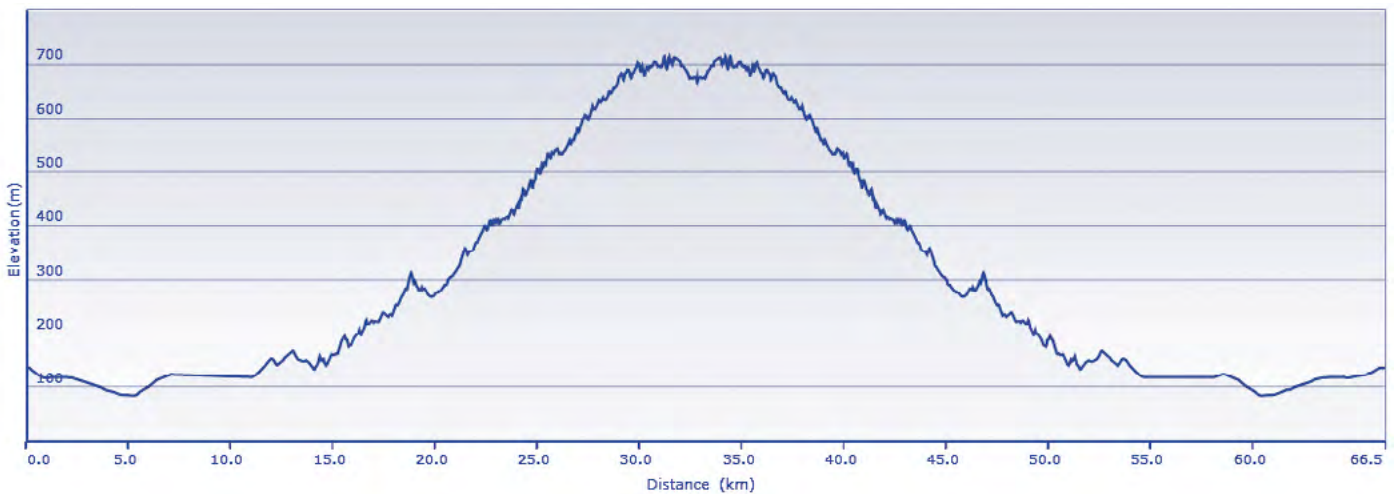
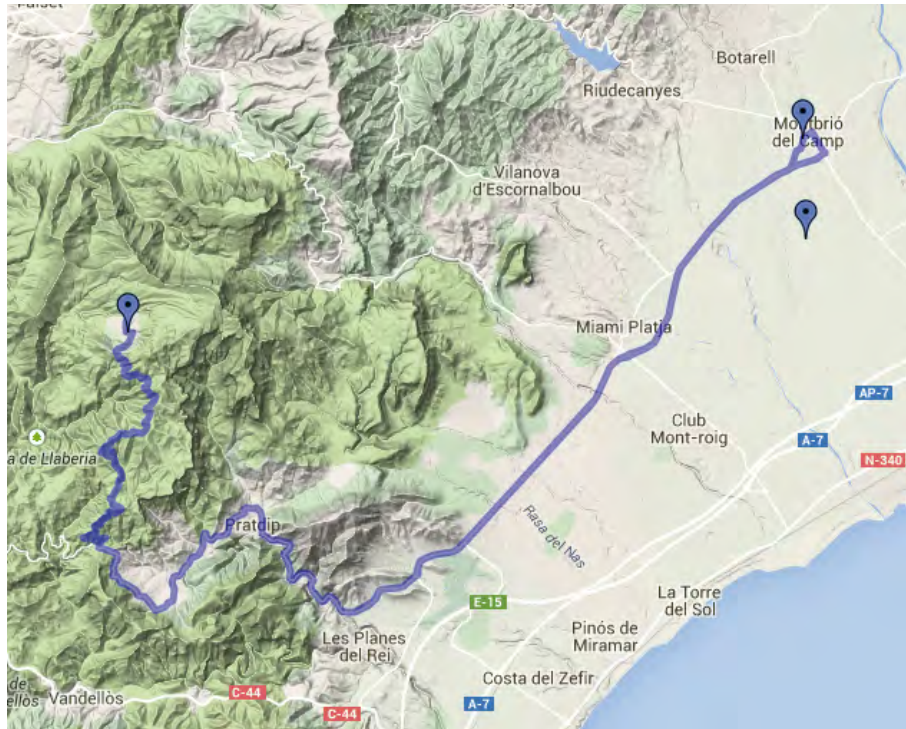
67 KM. ESCORNALBOU CASTLE, SERRA DE L'ARGENTERA, AND PRATDIP



67 km. Escornalbou Castle, Serra de l'Argentera, and Pratedip

The ideal combination of the first three routes in this book.

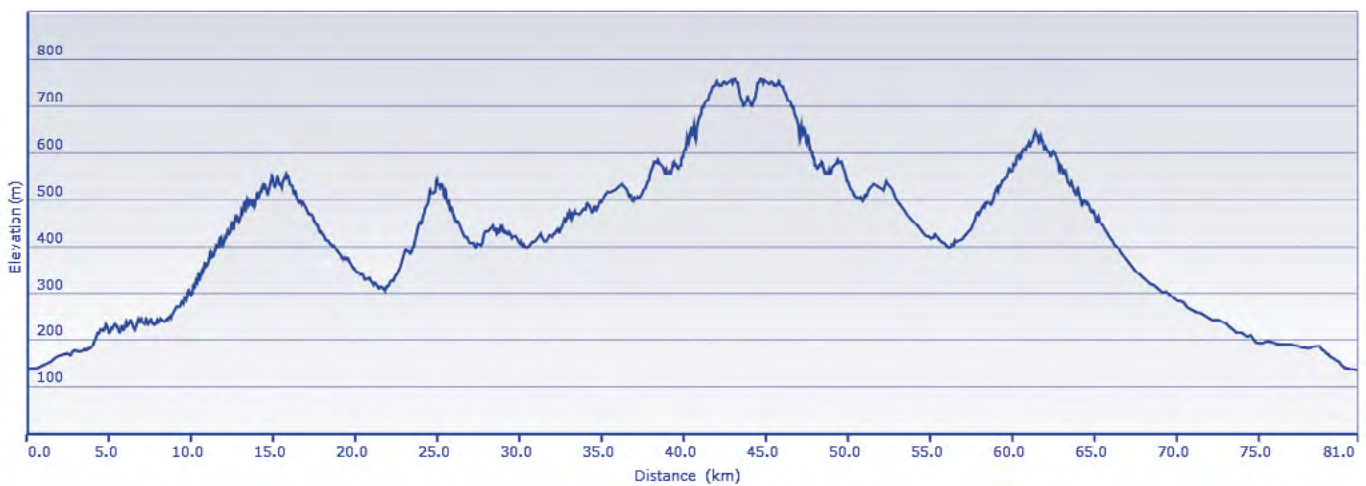
67 KM. LLABERIA



67 km. Llaberia

This route has its destination in the picturesque town of Llaberia - one of the most singular towns in the county. After a few kilometers at sea level, among olive groves and carob trees, the route heads inland toward Pratdip in a gentle, continuous ascent to your destination. Return route.

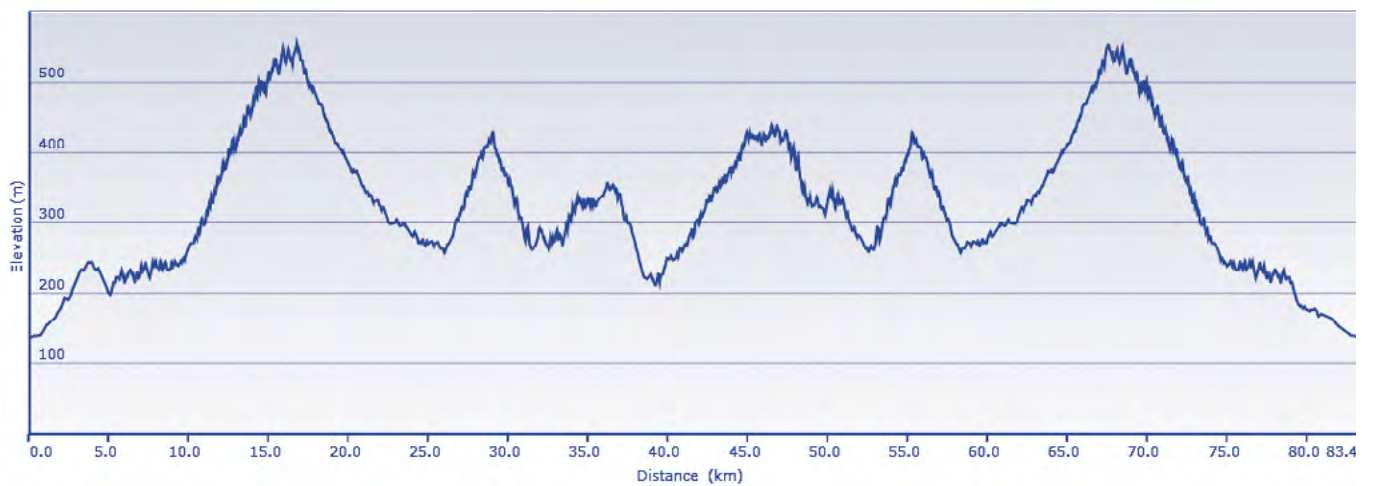
80 KM. SIURANA



80 km. Siurana

The legendary town of Siurana is the Mecca of fans of free climbing. But it is also a must-see for cycling tourists. The long, arduous climb is well rewarded with some impressive views. The route takes you through the Teixeta and Porrera passes, returning via the Alforja pass.

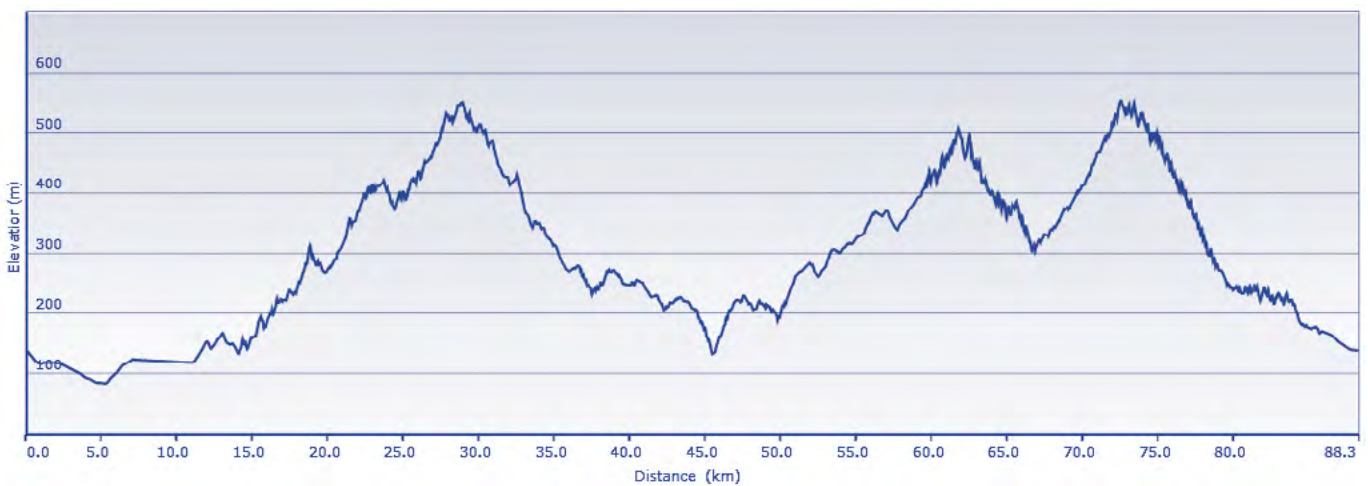
84 KM. ESCALADEI



84 km. Escaladei

This route visits the famous Carthusian monastery on the slopes of the Montsant Mountains, following an itinerary that enters El Priorat through Coll de la Teixeta and runs through several typical villages of the county.

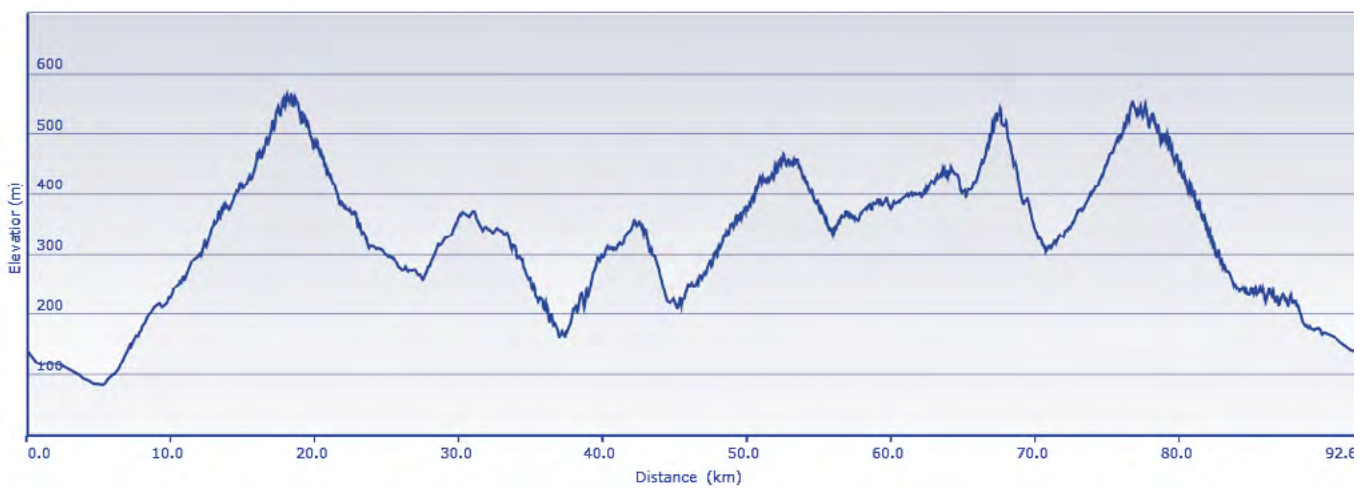
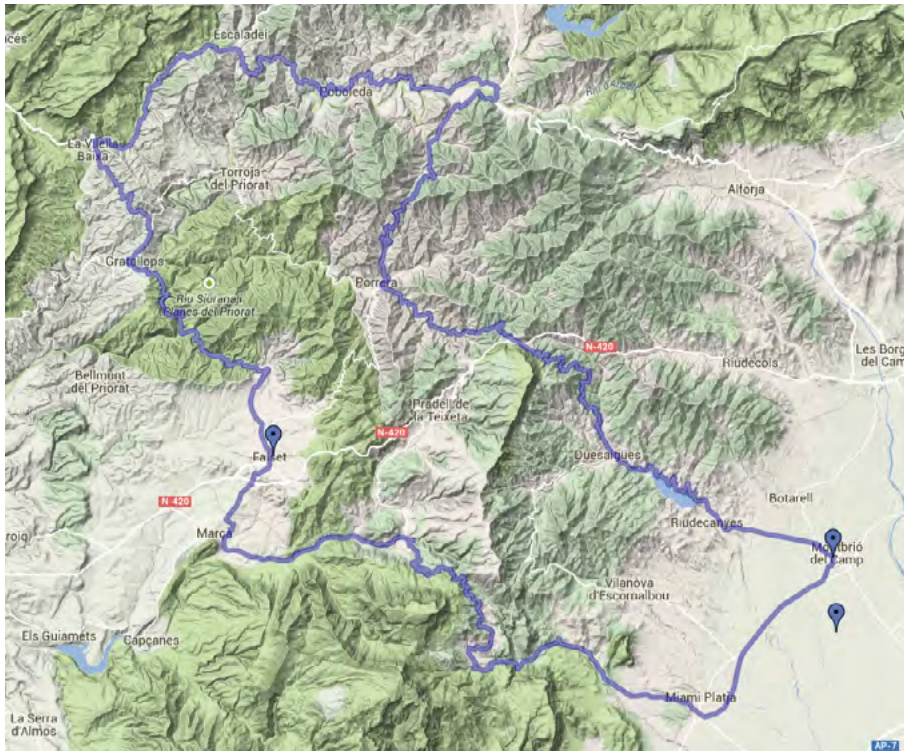
89 KM. LLABERIA AND COLLDEJOU BUTTES AND SERRA DE L'ARGENTERA



89 km. Llaberia and Colldejou Buttes and Serra de l'Argentera

Tarragona coast provides the opportunity to enjoy natural and rural landscapes while cycling along the lonely secondary roads that border the imposing flat-topped hills of Colldejou and Llaberia.

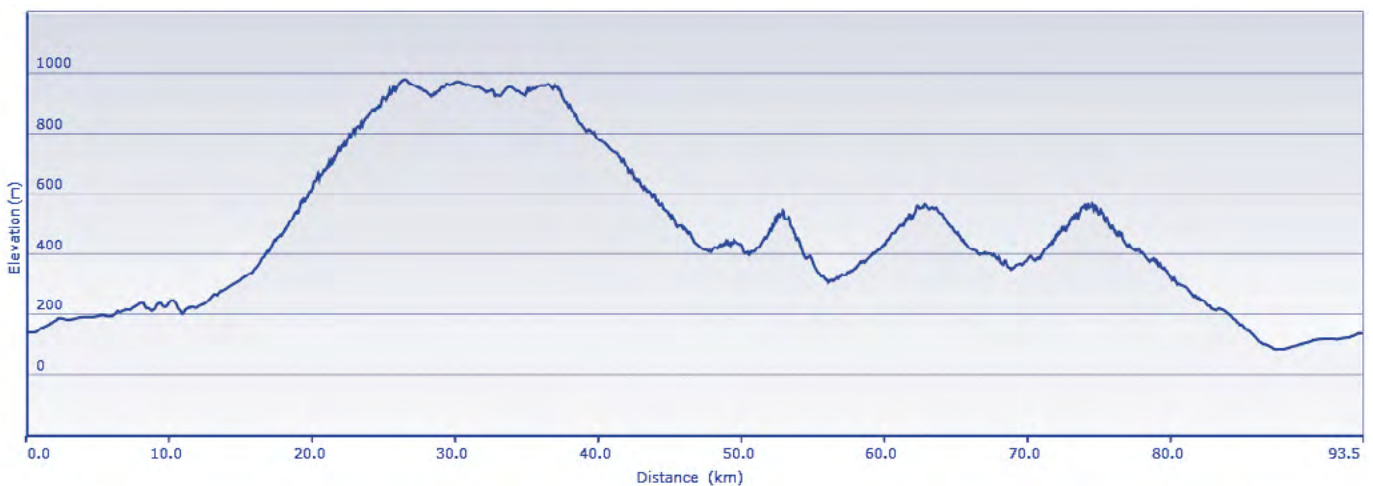
93 KM. PRIORAT



93 km. Priorat

The ideal cycling-tourism route for discovering the landscapes of El Priorat County. The landscape of El Priorat is in the process of being declared a UNESCO Human Heritage Site.

94 KM. LA MUSSARA, AND ALFORJA, LA TEIXETA AND ROIG PASSES



94 km. La Mussara, and Alforja, La Teixeta and Roig Passes

An itinerary that takes in the four most characteristic passes for cyclists and the closest ones to Montbrió del Camp. You will also be able to enjoy extraordinary views over the whole Camp de Tarragona plain, with the Mediterranean Sea forming the backdrop.

99 KM. PRADES MOUNTAINS



99 km. Prades Mountains

Along this excellent cycling route, you will discover that there are also pre-Alpine on the Costa Daurada. As well as being an essential ascent, La Mussara is the port of entry from El Baix Camp to the Prades Mountains, which this route travels through, passing through some of the most characteristic towns and villages of the region.

The route also includes a visit to the “Red Town” (La Vila Vermella), as Prades is known, situated at a height of 1000 m.

115 KM. LA FIGUERA



115 km. La Figuera

An excellent route for cycling tourism, which passes through the village of La Figuera, one of the highest villages in El Priorat. Enjoy cycling along empty, perfectly maintained roads.

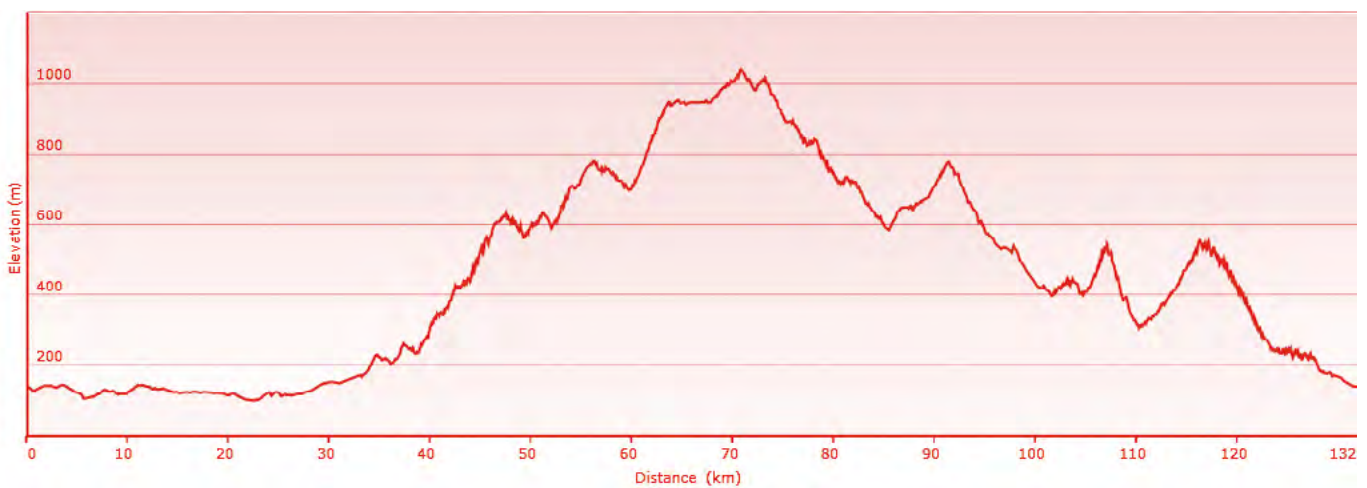
122 KM. PRIORAT AND LA MUSSARA



122 km. Priorat and La Mussara

A demanding cycling circuit around El Priorat and La Mussara, which includes two climbs with very steep slopes in La Morera and l'Arbolí.

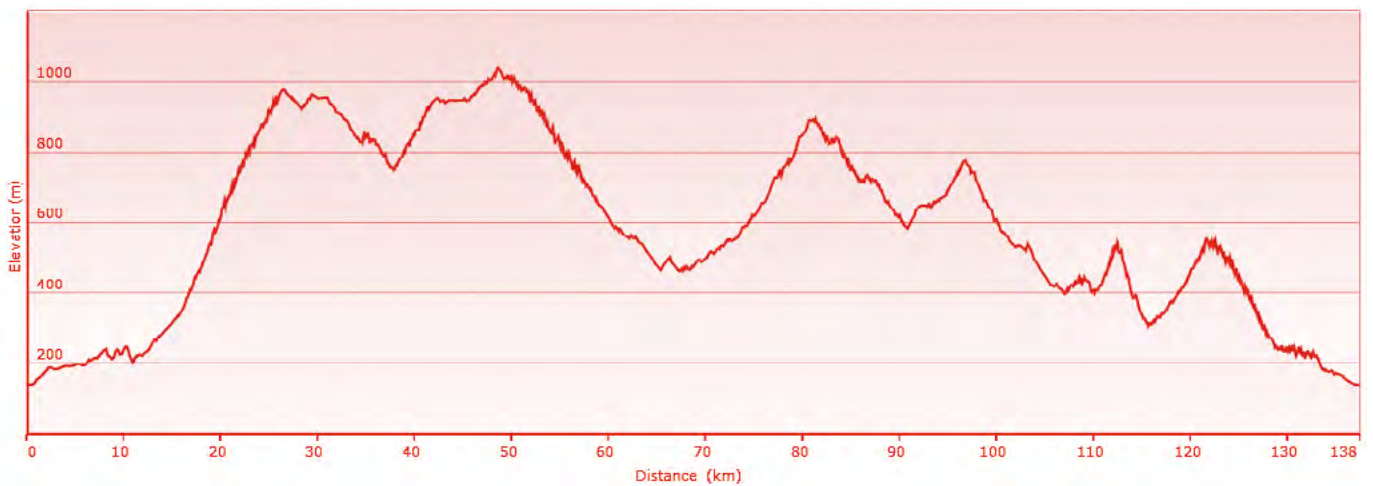
132 KM. CAMP DE TARRAGONA, PRADES MOUNTAINS, EL MONTSANT AND EL PRIORAT



132 km. Camp de Tarragona, Prades Mountains, El Montsant and El Priorat

This extraordinary cycling challenge will allow you to enjoy to the full the different landscapes of the Costa Daurada. Beginning with the plain of Camp de Tarragona, we gently climb toward the Prades Mountains to continue along the skirts of Montsant, which opens the way to El Priorat.

138 KM. POBLET



138 km. Poblet

This route crosses the Prades Mountains from south to north. As well as its symbolic and historical importance, Poblet is also an impressive architectural site and is the largest inhabited monastic site on the continent of Europe. Poblet has been declared a UNESCO Human Heritage Site.

141 KM. RIBERA D'EBRE AND EL PRIORAT



141 km. Ribera d'Ebre and El Priorat

A demanding itinerary in the 1st and final third. The route crosses the Ebro River via Pas de la Barca (ferry barge), from where you can see the castle of Miravet.

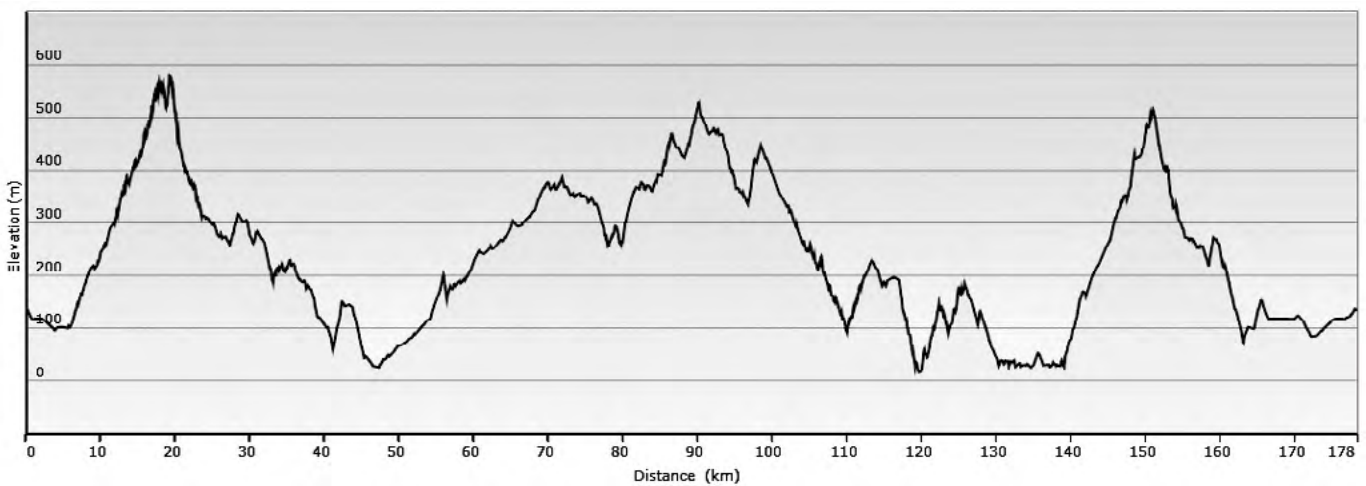
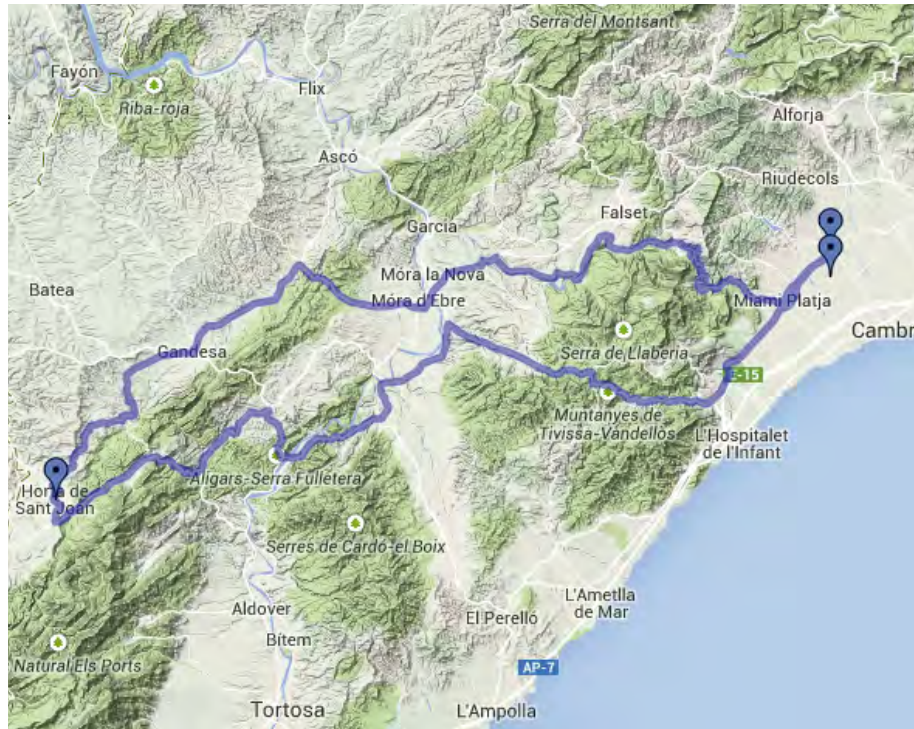
148 KM. PRADES MOUNTAINS AND EL MONTSANT



148 km. Prades Mountains and El Montsant

This long circuit through the mountains of Prades and El Montsant includes long ascents (La Mussara), demanding ramps, rural, wild, coastal and pre-alpine landscapes, and ascents (and subsequent descents) of 5 mountain passes. An unforgettable experience for the cycling tourist.

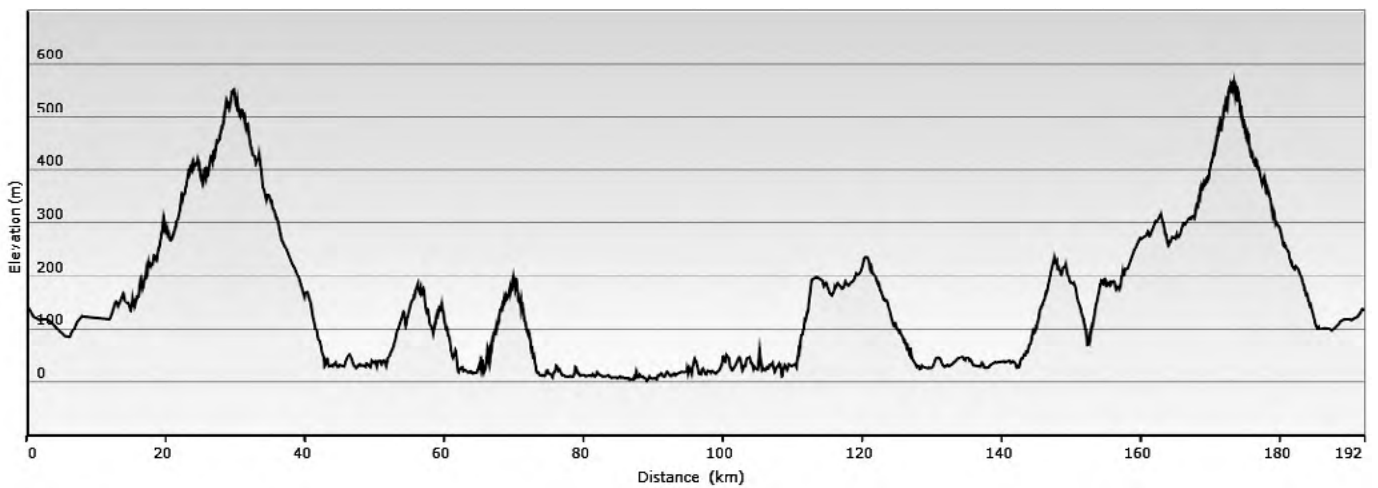
179 KM. HORTA DE SANT JOAN



179 km. Horta de Sant Joan

“Everything I know, I learned in Horta” said Picasso. A visit is a must for all good cycling tourists and will allow you to see a large part of the landscapes that so influenced the work of this genius artist.

192 KM. TORTOSA



192 km. Tortosa

A long route that passes through four counties of Tarragona. The goal, Tortosa, is the capital of Baix Ebre County. The route is demanding at the start and at the end, but it also has some surprises in the middle.

You might also like...

DO Mediterrania

400 km



The essence of cycling tourism. 400 km of the finest, quiet secondary roads through one of Spain's premier wine and olive-oil regions. Take the tour and experience the real Catalonia.

Bike & Wine



Great cycling and a visit to one of the local Prio-rat or Montsant wineries, for breakfast and wi-ne-tasting.

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BIKE AND MATERIAL RENTAL PRICES

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From 50 to 100 km or 3 to 5 hours **€130**

From 100 to 150 km or 5 to 7 hours **€175**

From 150 to 200 km or 7 to 8 hours **€230**

If you want to hire a bike for more than a week or if you want to hire a guide and/or support vehicle for more than one day, please contact us at info@mediterraniacyclingtours.com for prices. **ALL PRICES INCLUDING VAT**



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